



Waupun Memorial Café

Week of September 11,2017

Monday

BREAKFAST: SAUSAGE, EGG AND CHEESE CROISSANT
 SOUPS: LOUISIANA GUMBO – CHICKEN NOODLE
 FEATURE: MADE TO ORDER PASTA BAR
 SIDES: BREAD STICK
 BRUSSELS SPROUTS
 SPECIALTY PIZZA : MEXICAN FLATBREAD PIZZA
 DESSERT: Strawberry Cake

*Note: The Pasta Bar and the BYO Salad Bar colors are dependent on the toppings you select.

Tuesday

BREAKFAST: EGG AND HAM BREAKFAST CASSEROLE
 SOUPS: DUCHESS – HEARTY VEGETABLE
 FEATURE: OPEN FACE HOT TURKEY
 SIDES: RED SKIN MASHED POTATOES/ BAKED BUTTERNUT SQUASH
 PANINI: HAM AND PEPPER JACK
 DESSERT: DRUMSTICK TORTE

Wednesday

BREAKFAST: BACON EGG AND CHEESE BAGEL
 SOUPS: WHITE CHICKEN CHILI – BEEF VEGETABLE
 FEATURE: BAKED CHOP STEAK W/MUSHROOM GRAVY
 SIDES: MASHED POTATOES
 PEAS AND CARROTS
 SPECIALTY SANDWICH: GRILLED CHICKEN PARMESAN FOCACCIA
 DESSERT: CHERRY CRISP

Thursday

BREAKFAST: ASPARAGUS HAM AND CHEESE STRATA
 SOUPS: CHEESY ASPARAGUS – TURKEY W/ WILD RICE
 FEATURE: NEW ORLEANS JAMBALAYA
 SIDES: CORNBREAD MUFFINS
 SAUTÉED SPINACH W/ TOMATOES
 SPECIALTY SANDWICH: CHUNKY CHICKEN MELT
 DESSERT: CARROT CAKE



KNOW YOUR COLORS

GREEN <i>Good choice! Eat plenty of these foods.</i>	YELLOW <i>Eat these foods in moderation.</i>	RED <i>Rarely eat these foods.</i>
--	--	--

Waupun Memorial Café

Friday

BREAKFAST:	SCRAMBLED EGGS WITH SAUSAGE AND CHEESE
SOUPS:	MINESTRONE – CHICKEN & SWEET POTATO
FEATURE:	LEMON DILL COD
SIDES:	CHERRY TOMATO PILAF/ WHOLE GREEN BEANS
PANINI:	SOUTHWESTERN GRILLED CHEESE
PERSONAL PIZZA:	SAUSAGE OR CHEESE
DESSERT:	Strawberry Cake

Saturday

SPECIALTY SANDWICH:	HOT SANDWICH OF THE DAY
SOUPS:	COOK'S CHOICE
PIZZA:	SAUSAGE

Sunday

SPECIALTY SANDWICH:	HOT SANDWICH OF THE DAY
SOUPS:	COOK'S CHOICE
PIZZA:	PEPPERONI

*Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.
(with breakfast 7:30 a.m. to 10 a.m.)*

Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.

*Nutrition and Food Service Supervisor: Matt Schwartz
Nutrition and Food Service Director: Donna Van Buren*



KNOW YOUR COLORS

GREEN
Good choice! Eat plenty of these foods.

YELLOW
Eat these foods in moderation.

RED
Rarely eat these foods.

Waupun Memorial Café

Monday

BREAKFAST:
SOUPS:
FEATURE:
SIDES:

SPECIALTY SANDWICH:
DESSERT:

Week of September 18, 2017

SAUSAGE EGG AND CHEESE BISCUIT
TURKEY NOODLE - WISCONSIN CHILI
BUILD YOUR OWN NACHOS GRANDE
SWEET POTATO FRIES
GARDEN BLEND VEGETABLES
CHICKEN PHILLY CHEESE STEAK
PUMPKIN BARS

Tuesday

BREAKFAST:
SOUPS:
FEATURE:

SIDES:

PANINI:
DESSERT:

CHOCOLATE FILLED CROISSANTS
BEEF DUMPLING - CREAM OF MUSHROOM
PEPPERCORN CRUSTED FLANK STEAK
BYO SALAD BAR
SMOKED GOUDA AND CHIVE MASHED POTATOES
SLICED CARROTS
MONTEREY ROAST BEEF
Chocolate Cake

*Note: The BYO Salad Bar color is dependent on the toppings you select.

Wednesday

BREAKFAST:
SOUPS:
FEATURE:
SIDES:

SPECIALTY SANDWICH:
DESSERT:

MADE TO ORDER WAFFLE
VEGETARIAN 7 BEAN - CHEESY CAULIFLOWER
CRAB STUFFED WHITE FISH
MUSHROOM COUSCOUS RISOTTO
WHOLE GREEN BEANS
BLACKJACK BURGER
KIT KAT BARS

Thursday

Breakfast:
Soups:
Feature:
Sides:

Specialty Sandwich:
Dessert:

Sausage Egg and Cheese English Muffin
Black Forest Lentil - Cream of Chicken Rice
Pulled Pork Stuffed Sweet Potato
Roasted Potatoes with Thyme
Caribbean Blend Vegetables
Grilled Rachel
Butterfinger Torte



KNOW YOUR COLORS

GREEN

Good choice! Eat plenty of these foods.

YELLOW

Eat these foods in moderation.

RED

Rarely eat these foods.

Waupun Memorial Café

Friday

BREAKFAST:

BACON EGG AND CHEESE BAGEL

SOUPS:

ROASTED ROOT VEGETABLE - CHEESY CRAB

FEATURE:

BEEF STROGANOFF

SIDES:

WHOLE GRAIN ROTINI

BROCCOLI FLORETS

SPECIALTY SANDWICH:

BEER BATTERED FISH SANDWICH

PANINI:

TURKEY CLUBBER

DESSERT:

Chocolate Rhubarb Cake

Saturday

SOUPS:

COOK'S CHOICE

SPECIALTY SANDWICH:

HOT SANDWICH OF THE DAY

SIDES:

RANCH POTATO WEDGES

Sunday

SOUPS:

COOK'S CHOICE

FEATURE:

HOT SANDWICH OF THE DAY

PIZZA:

CHEESE PIZZA