



# Waupun Memorial Café

Week of August 6th

## Monday

**BREAKFAST:** **MADE TO ORDER WAFFLES**  
**SOUPS:** **CHICKEN NOODLE – CHEESY VEGETABLE**  
**FEATURE:** **SPICY CAULIFLOWER WRAP**  
**SIDES:** **POTATO WEDGES**  
**FLAME ROASTED CORN**  
**SPECIALTY SANDWICH:** **BYO BURGER BAR**  
**DESSERT:** **PEANUT BUTTER BARS**

## Tuesday

**BREAKFAST:** **SAUSAGE EGG AND CHEESE BAGEL**  
**SOUPS:** **VEGETABLE BARLEY – TURKEY & BLACK BEAN CHILI**  
**FEATURE:** **BUILD YOUR OWN CHICKEN BURRITO**  
**SIDES:** **SPANISH RICE/BROCCOLI**  
**PANINI:** **GRILLED TURKEY AND APPLE**  
**SPECIALTY SANDWICH:** **BBQ PULLED PORK**  
**DESSERT:** **Banana Poke Cake**

## Wednesday

**BREAKFAST:** **CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN**  
**SOUPS:** **FRENCH ONION – RED POTATO CHEDDAR**  
**FEATURE:** **SHRIMP SCAMPI**  
**BYO SALAD BAR**  
**SIDES:** **POTATO WEDGES**  
**CAULIFLOWER RISOTTO**  
**SPECIALTY SANDWICH:** **MONTEREY CHICKEN SANDWICH**  
**DESSERT:** **HEAVENLY BARS**

## Thursday

**BREAKFAST:** **APPLE RAISIN FRENCH TOAST STRATA**  
**SOUPS:** **CHICKEN DUMPLING – BEEF MUSHROOM BARLEY**  
**FEATURE:** **POT ROAST**  
**SIDES:** **MASHED POTATOES**  
**ROASTED CARROTS**  
**SPECIALTY SANDWICH:** **TERIYAKI TURKEY BURGER**  
**DESSERT:** **CHEESE CAKE**



# KNOW YOUR COLORS

<b>GREEN</b> <i>Good choice! Eat plenty of these foods.</i>	<b>YELLOW</b> <i>Eat these foods in moderation.</i>	<b>RED</b> <i>Rarely eat these foods.</i>
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## Friday

BREAKFAST:	<b>SCRAMBLED EGGS WITH HAM AND CHEESE</b>
SOUPS:	<b>TOMATO BASIL - TURKEY FLORENTINE</b>
FEATURE:	<b>CHICKEN ASPARAGUS PENNE</b>
SIDES:	<b>SAVORY APPLE BISCUIT</b> <b>RIVIERA BLEND</b>
SPECIALTY SANDWICH:	<b>GROWN UP GRILLED CHEESE</b>
DESSERT:	<b>PISTACHIO TORTE</b>

## Saturday

SOUPS:	<b>COOK'S CHOICE</b>
FEATURE:	<b>HOT SANDWICH OF THE DAY</b>
PIZZA:	<b>PEPPERONI</b>

## Sunday

SOUPS:	<b>COOK'S CHOICE</b>
FEATURE:	<b>HOT SANDWICH OF THE DAY</b>
SIDES:	<b>POTATO WEDGES</b>

***Hours of Operation:*** Monday through Friday 11:30 a.m. to 1:30 p.m.  
*(With breakfast 7:30 a.m. to 10 a.m.)*

**Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.**

**Nutrition and Food Service Supervisor: Rosanne Wetzel**  
**Nutrition and Food service Director: Donna Van Buren**



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**YELLOW**  
*Eat these foods in moderation.*

**RED**  
*Rarely eat these foods.*

## Waupun Memorial Café

Week of August 13th

### Monday

BREAKFAST:  
 SOUPS:  
 FEATURE:  
 SIDES:

**SAUSAGE EGG AND CHEESE BAGEL**  
**ITALIAN WEDDING - CHICKEN POT PIE**  
**BAKED POTATO BAR**  
**BROCCOLI FLORETS**  
**BAKED POTATO**  
**CHICKEN BRUSCHETTA SANDWICH**  
**PRETZEL TORTE**

\*Note: The Baked Potato Bar color is dependent on the toppings you select.

SPECIALTY SANDWICH:  
 DESSERT:

### Tuesday

BREAKFAST:  
 SOUPS:  
 FEATURE:  
 SIDES:  
 SPECIALTY SANDWICH:  
 DESSERT:

**HAM AND VEGGIE STRATA**  
**BEEF NOODLE - CHICKEN ENCHILADA**  
**SWEET N SOUR CHICKEN**  
**CHICKEN FRIED RICE /SUGAR SNAP PEAS**  
**ITALIAN MEATBALL SUB**  
**CHOCOLATE DESSERT**

### Wednesday

BREAKFAST:  
 SOUPS:  
 FEATURE:  
 PANINI:  
 SIDES:  
 DESSERT:

**BACON EGG AND CHEESE BISCUIT**  
**WISCONSIN CHILI - BROCCOLI CHEESE**  
**HONEY CASHEW SALMON**  
**WMH CLASSIC**  
**VEGETABLE COUSCOUS/YELLOW SQUASH**  
**MINT BROWNIE**

### Thursday

BREAKFAST:  
 SOUPS:  
 FEATURE:  
 SIDES:

**CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN**  
**CHICKEN NOODLE - OLD FASHIONED BEAN w/HAM**  
**BEEF LONDON BROIL**  
**RED SKIN MASHED POTATOES**  
**CAULIFLOWER** **BYO SALAD BAR**

PERSONAL PIZZA:  
 DESSERT:

**SUPREME**  
**CHOCOLATE CHIP COOKIE BARS**



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## Friday

**Breakfast :** Scrambled Eggs with Sausage and Cheese  
**Soups:** Vegan Lentil/ Creamy Swiss Onion  
**FEATURE:** BYO CHILI BAR  
**SIDES** CORNBREAD MUFFIN/ WHOLE GREEN BEANS  
**SPECIALTY SANDWICH** BEER BATTERED FISH SANDWICH  
**DESSERTS:** NUTTY PUMPKIN CRUMBLE

## Saturday

**SOUPS:** COOK'S CHOICE  
**FEATURE:** HOT SANDWICH OF THE DAY  
**SIDES:** SWEET POTATO WAFFLE FRIES

## Sunday

**SOUPS:** COOK'S CHOICE  
**FEATURE:** HOT SANDWICH OF THE DAY  
**SIDES:** FRENCH FRIES

*Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.  
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