



Waupun Memorial Café

Week of 5/14/2018

Monday

BREAKFAST: SAUSAGE, EGG AND CHEESE CROISSANT
SOUPS: LOUISIANA GUMBO – CHICKEN NOODLE
FEATURE: MADE TO ORDER PASTA BAR
SIDES: BREAD STICK
 BRUSSELS SPROUTS
SPECIALTY PIZZA : MEXICAN FLATBREAD PIZZA
DESSERT: Strawberry Cake

*Note: The Pasta Bar and the BYO Salad Bar colors are dependent on the toppings you select.

Tuesday

BREAKFAST: EGG AND HAM BREAKFAST CASSEROLE
SOUPS: DUCHESS – HEARTY VEGETABLE
FEATURE: OPEN FACE HOT TURKEY
SIDES: RED SKIN MASHED POTATOES/ BAKED BUTTERNUT SQUASH
PANINI: HAM AND PEPPER JACK
DESSERT: DRUMSTICK TORTE

Wednesday

BREAKFAST: BACON EGG AND CHEESE BAGEL
SOUPS: WHITE CHICKEN CHILI – BEEF VEGETABLE
FEATURE: BAKED CHOP STEAK W/MUSHROOM GRAVY
SIDES: MASHED POTATOES
 PEAS AND CARROTS
SPECIALTY SANDWICH: GRILLED CHICKEN PARMESAN FOCACCIA
DESSERT: CHERRY CRISP

Thursday

BREAKFAST: SOUFFLÉ'S BACON OR SPINACH AND RED PEPPER
SOUPS: CHEESY ASPARAGUS – TURKEY W/ WILD RICE
FEATURE: NEW ORLEANS JAMBALAYA
SIDES: CORNBREAD MUFFINS
 SAUTÉED SPINACH W/ TOMATOES
SPECIALTY SANDWICH: CHUNKY CHICKEN MELT
DESSERT: CARROT CAKE



KNOW YOUR COLORS

GREEN

Good choice! Eat plenty of these foods.

YELLOW

Eat these foods in moderation.

RED

Rarely eat these foods.

Waupun Memorial Café

Friday

BREAKFAST:	SCRAMBLED EGGS WITH SAUSAGE AND CHEESE
SOUPS:	MINESTRONE – CHICKEN & SWEET POTATO
FEATURE:	LEMON DILL COD
SIDES:	CHERRY TOMATO PILAF/ WHOLE GREEN BEANS
PANINI:	SOUTHWESTERN GRILLED CHEESE
PERSONAL PIZZA:	SAUSAGE OR CHEESE
DESSERT:	Strawberry Cake

Saturday

SPECIALTY SANDWICH:	HOT SANDWICH OF THE DAY
SOUPS:	COOK'S CHOICE
PIZZA:	SAUSAGE

Sunday

SPECIALTY SANDWICH:	HOT SANDWICH OF THE DAY
SOUPS:	COOK'S CHOICE
PIZZA:	PEPPERONI

*Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.
(with breakfast 7:30 a.m. to 10 a.m.)*

Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.

*Nutrition and Food Service Supervisor: Matt Schwartz
Nutrition and Food Service Director: Donna Van Buren*



KNOW YOUR COLORS

GREEN
Good choice! Eat plenty of these foods.

YELLOW
Eat these foods in moderation.

RED
Rarely eat these foods.

Waupun Memorial Café

5/21/2018

Monday

BREAKFAST: SAUSAGE EGG AND CHEESE BISCUIT
 SOUPS: TURKEY NOODLE - WISCONSIN CHILI
 FEATURE: BUILD YOUR OWN NACHOS GRANDE
 SIDES: SWEET POTATO FRIES
 GARDEN BLEND VEGETABLES
 SPECIALTY SANDWICH: CHICKEN PHILLY CHEESE STEAK
 DESSERT: PUMPKIN BARS

Tuesday

BREAKFAST: CHOCOLATE FILLED CROISSANTS
 SOUPS: BEEF DUMPLING - CREAM OF MUSHROOM
 FEATURE: PEPPERCORN CRUSTED FLANK STEAK
 SIDES: BYO SALAD BAR
 SMOKED GOUDA AND CHIVE MASHED POTATOES
 SLICED CARROTS
 PANINI: MONTEREY ROAST BEEF
 DESSERT: Chocolate Cake

*Note: The BYO Salad Bar color is dependent on the toppings you select.

Wednesday

BREAKFAST: MADE TO ORDER WAFFLE
 SOUPS: VEGETARIAN 7 BEAN - CHEESY CAULIFLOWER
 FEATURE: CRAB STUFFED WHITE FISH
 SIDES: MUSHROOM COUSCOUS RISOTTO
 WHOLE GREEN BEANS
 SPECIALTY SANDWICH: BLACKJACK BURGER
 DESSERT: KIT KAT BARS

Thursday

Breakfast: Sausage Egg and Cheese English Muffin
 Soups: Black Forest Lentil - Cream of Chicken Rice
 Feature: Pulled Pork Stuffed Sweet Potato
 Sides: Roasted Potatoes with Thyme
 Caribbean Blend Vegetables
 Specialty Sandwich: Grilled Rachel
 Dessert: Butterfinger Torte



Waupun Memorial Café

Friday

- BREAKFAST: **BACON EGG AND CHEESE BAGEL**
- SOUPS: **ROASTED ROOT VEGETABLE - CHEESY CRAB**
- FEATURE: **BEEF STROGANOFF**
- SIDES: **WHOLE GRAIN ROTINI**
BROCCOLI FLORETS
- SPECIALTY SANDWICH: **BEER BATTERED FISH SANDWICH**
- PANINI: **TURKEY CLUBBER**
- DESSERT: **Chocolate Rhubarb Cake**

Saturday

- SOUPS: **COOK'S CHOICE**
- SPECIALTY SANDWICH: **HOT SANDWICH OF THE DAY**
- SIDES: **RANCH POTATO WEDGES**

Sunday

- SOUPS: **COOK'S CHOICE**
- FEATURE: **HOT SANDWICH OF THE DAY**
- PIZZA: **CHEESE PIZZA**