



KNOW YOUR COLORS

GREEN

Good choice! Eat plenty of these foods.

YELLOW

Eat these foods in moderation.

RED

Rarely eat these foods.

Waupun Memorial Café

Week of 10/9/17

Monday

BREAKFAST: SCRAMBLED EGGS WITH BACON AND CHEESE
SOUPS: SPLIT PEA - CHICKEN ROSEMARINA
FEATURE: BYO TACO SALAD
SIDES: SPANISH RICE
REFRIED BEANS
SPECIALTY SANDWICH: VEGGIE BURGER
DESSERT: SPECIAL K BARS

*Note: The Taco Salad color is dependent on the toppings you select.

Tuesday

BREAKFAST: CANADIAN BACON EGG AND CHEESE ENGLISH MUFFIN
SOUPS: TASTE LIKE LASAGNA - TURKEY VEGETABLE BARLEY
FEATURE: SWISS BAKED CHICKEN
SIDES: MASHED POTATOES/ MALIBU BLEND VEGETABLES
PANINI: BAJA CHICKEN
DESSERT: STRAWBERRY SHORTCAKE

Wednesday

BREAKFAST: BREAKFAST PIZZA
SOUPS: CHICKEN DUMPLING - CHEESEBURGER CHOWDER
FEATURE: MONGOLIAN STIR FRY
SIDES: STEAMED RICE
ROASTED ZUCCHINI
PIZZA: PEPPERONI
DESSERT: 7 LAYER BARS

Thursday

BREAKFAST: MADE TO ORDER OMELET
SOUPS: CHICKEN CHILI VERDE - BEEF BARLEY
FEATURE: MEAT LASAGNA
SIDES: PARMESAN GARLIC BREAD
ASPARAGUS SPEARS
SPECIALTY SANDWICH: FRENCH DIP
DESSERT: CHOCOLATE ÉCLAIR TORTE



Waupun Memorial Café

Friday

BREAKFAST:	BACON EGG AND CHEESE BURRITO
SOUPS:	TOMATO - CRAB CHOWDER
FEATURE:	COD FLORENTINE
SIDES:	ZUCCHINI GARLIC MASHED POTATOES/ ITALIAN BEANS
SPECIALTY SANDWICH:	GRILLED THREE CHEESE
DESSERT:	COOKIE BARS

Saturday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
SIDES:	BAKED POTATO

Sunday

SOUPS:	COOK'S CHOICE
FEATURE:	HOT SANDWICH OF THE DAY
SIDES:	RANCH WEDGES

*Hours of Operation: Monday through Friday 11:30 a.m. to 1:30 p.m.
(with breakfast 7:30 a.m. to 10 a.m.)*

Saturday and Sunday: Serving lunch only 12:00 p.m. to 1:30 p.m.

*Nutrition and Food Service Supervisor: Matt Schwartz
Nutrition and Food Service Director: Donna Van Buren*



Waupun Memorial Café

Week of 10/16/17

Monday

BREAKFAST: EGG SAUSAGE AND CHEESE CROISSANT
SOUPS: LOUISIANA GUMBO – CHICKEN NOODLE
FEATURE: MADE TO ORDER PASTA BAR
 BYO SALAD BAR
SIDES: BREAD STICK
 BRUSSELS SPROUTS
SPECIALTY PIZZA : MEXICAN FLATBREAD PIZZA
DESSERT: Strawberry Cake

*Note: The Pasta Bar and the BYO Salad Bar colors are dependent on the toppings you select.

Tuesday

BREAKFAST: EGG AND HAM BREAKFAST CASSEROLE
SOUPS: DUCHESS – HEARTY VEGETABLE
FEATURE: OPEN FACE HOT TURKEY
SIDES: RED SKIN MASHED POTATOES/ BAKED BUTTERNUT SQUASH
PANINI: HAM AND PEPPER JACK
DESSERT: DRUMSTICK TORTE

Wednesday

BREAKFAST: BACON EGG AND CHEESE BAGEL
SOUPS: WHITE CHICKEN CHILI – BEEF VEGETABLE
FEATURE: BAKED CHOP STEAK W/MUSHROOM GRAVY
SIDES: MASHED POTATOES/ PEAS AND CARROTS
PANINI: TURKEY MOZZARELLA
DESSERT: CHERRY CRISP

Thursday

BREAKFAST: ASPARAGUS HAM AND CHEESE STRATA
SOUPS: CHEESY ASPARAGUS – TURKEY W/ WILD RICE
FEATURE: NEW ORLEANS JAMBALAYA
SIDES: CORNBREAD MUFFIN/ SAUTÉED SPINACH AND TOMATOES
SPECIALTY SANDWICH: CHUNKY CHICKEN MELT
DESSERT: CARROT CAKE



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Waupun Memorial Café

Friday

BREAKFAST:	SCRAMBLED EGGS WITH SAUSAGE AND CHEESE
SOUPS:	MINISTRONE – CHICKEN & SWEET POTATO
FEATURE:	LEMON DILL COD
SIDES:	CHERRY TOMATO PILAF/ WHOLE GREEN BEANS
PANINI:	SOUTHWESTERN GRILLED CHEESE
PERSONAL PIZZA:	SAUSAGE OR CHEESE
DESSERT:	LEMON CAKE

Saturday

SPECIALTY SANDWICH:	HOT SANDWICH OF THE DAY
SOUPS:	COOK'S CHOICE
PIZZA:	SAUSAGE

Sunday

SPECIALTY SANDWICH:	HOT SANDWICH OF THE DAY
SOUPS:	COOK'S CHOICE
PIZZA:	PEPPERONI

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