



# KNOW YOUR COLORS

**GREEN**

*Good choice! Eat plenty of these foods.*

**YELLOW**

*Eat these foods in moderation.*

**RED**

*Rarely eat these foods.*

## Ripon Place Café

Week of 11/13/17

### Monday

Breakfast: **EGG AND BACON BREAKFAST CASSEROLE**  
SOUPS: **CHEESY VEGETABLE –TURKEY NOODLE**  
FEATURE ITEM: **BYO TACO SALAD**  
SIDES: **CORN—SPANISH RICE**  
SANDWICH: **CALIFORNIA TURKEY BURGER**  
PIZZA SPECIAL: **BBQ CHICKEN**

\*Note: The Taco Salad color is dependent on the toppings you select.

### Tuesday

Breakfast: **CANADIAN BACON EGG AND CHEESE BAGEL**  
SOUPS: **BEEF BARLEY-- CHICKEN CHILI VERDE**  
FEATURE ITEM: **CRAB STUFFED WHITEFISH**  
SIDES: **GARLIC MASHED RED POTATOES--YELLOW SQUASH**  
SANDWICH: **RMC CLASSIC PANINI**  
PIZZA SPECIAL: **THREE CHEESE**

### Wednesday

Breakfast: **BYO WAFFLE**  
SOUPS: **TASTE LIKE LASAGNA –CHICKEN ROSEMARINA**  
FEATURE ITEM: **SWEET N SOUR CHICKEN**  
SIDES: **FRIED RICE--BROCCOLI FLORETS**  
SANDWICH: **MONTEREY ROAST BEEF**  
PIZZA SPECIAL: **MUSHROOM & GARLIC**

### Thursday

Breakfast: **SAUSAGE EGG AND CHEESE MUFFIN**  
SOUPS: **SPLIT PEA—CHICKEN SWEET POTATO**  
FEATURE ITEM: **BEEF STROGANOFF**  
SIDES: **WHOLE GRAIN ROTINI--SLICED CARROTS**  
SANDWICH: **GRILLED CHICKEN BREAST**  
PIZZA SPECIAL: **SAUSAGE**

### Friday

Breakfast: **BACON AND EGG BREAKFAST BURRITO**  
SOUPS: **CREAM OF CHICKEN RICE—HEARTY VEGETABLE**  
FEATURE ITEM: **PULLED PORK STUFFED SWEET POTATO**  
SIDES: **FOCACCIA BREAD—ROASTED ASPARAGUS**  
SANDWICH: **BAKED BATTERED COD**  
PIZZA SPECIAL: **PEPPERONI**

Hours of Operation: Monday through Friday Breakfast 7:30 a.m. to 10:00 a.m. Lunch 11:00 a.m. to 1:30 p.m.  
Nutrition and Food Service Supervisor: Matt Schwartz

**SATURDAY**

FEATURE ITEM: **HOT SANDWICH OF THE DAY**

SOUP: **CHEFS CHOICE**

**SUNDAY**

FEATURE ITEM: **HOT SANDWICH OF THE DAY**

SOUP: **CHEFS CHOICE**

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Week of 11/20/17

### Monday

Breakfast: SAUSAGE AND EGG BREAKFAST BURRITO  
SOUPS: DUCHESS - LOUISIANA GUMBO  
FEATURE ITEM: MADE TO ORDER PASTA BAR  
SIDES: BREAD STICK - ROASTED ZUCCHINI  
PIZZA SPECIAL: BLUE CHEESE AND ONION

### Tuesday

Breakfast: EGG AND HAM BREAKFAST CASSEROLE  
SOUPS: RED POTATO CHEDDAR - MINESTRONE  
FEATURE ITEM: BUILD YOUR OWN CHICKEN BURRITO  
SIDES: SPANISH RICE - ASPARAGUS TIPS  
SANDWICH SPECIAL: ITALIAN MEATBALL SUB  
PIZZA SPECIAL: PEPPERONI

### Wednesday

Breakfast: BACON EGG AND CHEESE BAGEL  
SOUPS: BEEF DUMPLING - WHITE CHICKEN CHILI  
FEATURE ITEM: CASHEW CHICKEN STIR FRY  
SIDES: STEAMED RICE  
SANDWICH SPECIAL: BAJA CHICKEN PANINI  
PIZZA SPECIAL: HAWAIIAN

### Thursday

### Happy Thanksgiving!

FEATURE ITEM: ROAST TURKEY W/DRESSING  
SIDES: MASHED POTATOES & GRAVY, BUTTERED CARROTS, AND CRANBERRY SAUCE  
SIDES: ROLL & BUTTER  
BEVERAGE: SHASTA SODA OR A BOTTLE OF WATER

### Friday

Breakfast: SCRAMBLED EGGS WITH SAUSAGE AND CHEESE  
SOUPS: VEGETABLE BARLEY - CLAM CHOWDER  
FEATURE ITEM: BAKED MACARONI AND CHEESE  
SIDES: SWEET POTATO FRIES - GREEN BEANS  
SANDWICH SPECIAL: BBQ PULLED PORK  
PIZZA SPECIAL: THREE CHEESE

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FEATURE ITEM:

**HOT SANDWICH OF THE DAY**

SOUP:

**CHEFS CHOICE**

**SUNDAY**

FEATURE ITEM:

**HOT SANDWICH OF THE DAY**

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