



KNOW YOUR COLORS

GREEN

Good choice! Eat plenty of these foods.

YELLOW

Eat these foods in moderation.

RED

Rarely eat these foods.

Ripon Place Café

Week of 10/9/17

Monday

Breakfast: **EGG AND BACON BREAKFAST CASSEROLE**
SOUPS: **CHEESY VEGETABLE –TURKEY NOODLE**
FEATURE ITEM: **BYO TACO SALAD**
SIDES: **CORN—SPANISH RICE**
SANDWICH: **CALIFORNIA TURKEY BURGER**
PIZZA SPECIAL: **BBQ CHICKEN**

*Note: The Taco Salad color is dependent on the toppings you select.

Tuesday

Breakfast: **CANADIAN BACON EGG AND CHEESE BAGEL**
SOUPS: **BEEF BARLEY-- CHICKEN CHILI VERDE**
FEATURE ITEM: **CRAB STUFFED WHITEFISH**
SIDES: **GARLIC MASHED RED POTATOES--YELLOW SQUASH**
SANDWICH: **RMC CLASSIC PANINI**
PIZZA SPECIAL: **THREE CHEESE**

Wednesday

Breakfast: **BYO WAFFLE**
SOUPS: **TASTE LIKE LASAGNA –CHICKEN ROSEMARINA**
FEATURE ITEM: **SWEET N SOUR CHICKEN**
SIDES: **FRIED RICE--BROCCOLI FLORETS**
SANDWICH: **MONTEREY ROAST BEEF**
PIZZA SPECIAL: **MUSHROOM & GARLIC**

Thursday

Breakfast: **SAUSAGE EGG AND CHEESE MUFFIN**
SOUPS: **SPLIT PEA—CHICKEN SWEET POTATO**
FEATURE ITEM: **BEEF STROGANOFF**
SIDES: **WHOLE GRAIN ROTINI--SLICED CARROTS**
SANDWICH: **GRILLED CHICKEN BREAST**
PIZZA SPECIAL: **SAUSAGE**

Friday

Breakfast: **BACON AND EGG BREAKFAST BURRITO**
SOUPS: **CREAM OF CHICKEN RICE—HEARTY VEGETABLE**
FEATURE ITEM: **PULLED PORK STUFFED SWEET POTATO**
SIDES: **FOCACCIA BREAD—ROASTED ASPARAGUS**
SANDWICH: **BAKED BATTERED COD**
PIZZA SPECIAL: **PEPPERONI**

Hours of Operation: Monday through Friday Breakfast 7:30 a.m. to 10:00 a.m. Lunch 11:00 a.m. to 1:30 p.m.
Nutrition and Food Service Supervisor: Matt Schwartz

SATURDAY

FEATURE ITEM: HOT SANDWICH OF THE DAY

SOUP: CHEFS CHOICE

SUNDAY

FEATURE ITEM: HOT SANDWICH OF THE DAY

SOUP: CHEFS CHOICE

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KNOW YOUR COLORS



Ripon Place Café

Week of 10/16/17

Monday

Breakfast: SAUSAGE AND EGG BREAKFAST BURRITO
SOUPS: DUCHESS - LOUISIANA GUMBO
FEATURE ITEM: MADE TO ORDER PASTA BAR
SIDES: BREAD STICK - ROASTED ZUCCHINI
PIZZA SPECIAL: BLUE CHEESE AND ONION

Tuesday

Breakfast: EGG AND HAM BREAKFAST CASSEROLE
SOUPS: RED POTATO CHEDDAR - MINESTRONE
FEATURE ITEM: BUILD YOUR OWN CHICKEN BURRITO
SIDES: SPANISH RICE - ASPARAGUS TIPS
SANDWICH SPECIAL: ITALIAN MEATBALL SUB
PIZZA SPECIAL: PEPPERONI

Wednesday

Breakfast: BACON EGG AND CHEESE BAGEL
SOUPS: BEEF DUMPLING - WHITE CHICKEN CHILI
FEATURE ITEM: CASHEW CHICKEN STIR FRY
SIDES: STEAMED RICE
SANDWICH SPECIAL: BAJA CHICKEN PANINI
PIZZA SPECIAL: HAWAIIAN

Thursday

Breakfast: BREAKFAST PIZZA
SOUPS: BROCCOLI & CHEESE - TURKEY VEGETABLE
FEATURE ITEM: ENCHILADA CASSEROLE
SIDES: CORN-SPANISH RICE
SANDWICH SPECIAL: CHICKEN CORDON BLEU
PIZZA SPECIAL: SAUSAGE

Friday

Breakfast: SCRAMBLED EGGS WITH SAUSAGE AND CHEESE
SOUPS: VEGETABLE BARLEY - CLAM CHOWDER
FEATURE ITEM: BAKED MACARONI AND CHEESE
SIDES: SWEET POTATO FRIES - GREEN BEANS
SANDWICH SPECIAL: BBQ PULLED PORK
PIZZA SPECIAL: THREE CHEESE

SATURDAY

FEATURE ITEM: HOT SANDWICH OF THE DAY

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SUNDAY
SOUP:

CHEFS CHOICE

FEATURE ITEM:

HOT SANDWICH OF THE DAY

SOUP:

CHEFS CHOICE

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